



# Associated Students of Solano Community College ASSC NEWSLETTER

4000 Suisun Valley Road, Fairfield, CA 94534 (707) 864-7000, Ext.4367

This newsletter is online at <http://www.solano.edu/> under "News"



## Important Spring Dates: Print "Schedule Bill" from

MySolano for course-specific deadlines

Mar. 9 Out of Darkness 5k walk (See pg. 4)

Mar. 13 Flex-Cal—No classes

Mar. 20 Health Faire (See p. 3)

Mar. 27 Blood Drive—Open to public (See p. 3)

Mar. 31-Apr 6 Spring Break—No classes

Apr. 15-19 Solano DAZE/Multi Cultural week

May 16-22 Finals week (evening 5/15)

May 22 Last day S13 semester

May 23 Graduation Ceremony 10:30 am

## It's not too early to think about graduation!!

Commencement Ceremony will be held Thursday,  
May 23, at 10:30 am at the SCC Hollister Football Stadium..

Last day to petition for Degrees/Certificates is March 21

See page 2 for more information.



## Recycle today for a better tomorrow!

Please use recycling bins around  
campus with blue lids to recycle  
paper, plastic, cans, bottles, etc.



February 15-28, 2013

**Club Renewals Packets are available in the Student Development Office  
(Pick up & return to Rm. 1425)**

**Packets are due by Friday, Feb. 22 no later than 12:00 Noon**

**Important:** No clubs will be approved after this deadline and will have to wait until Fall 2013.

## Looking for a Club to Join?

Solano College students organize approximately 40 different clubs every semester, all with different purposes.

**Start or Renew a Club** by going to the Student Development Office (Rm. 1425) and pick up a *Club Application/Renewal Form* at the beginning of every semester.

**Club Activities** - it is not too early to start planning activities for the semester! Solano Daze Multicultural Week will be held April 15-19. Be sure to submit your *Activity Request Paperwork* no later than eight (8) school days before your event, and submit your approved *Request for Cash Box* forms to Fiscal Services no later than three (3) school days prior to your event.

**Inter-Club Council Meetings (ICC)**—Get club info in at regular ICC Meetings held the 1st and 3rd Thursdays of every month from 12:30 to 1:30 p.m. in the ASSC Conference Room (Room 1421). **All clubs are required to have at least one representative at each ICC meeting.**

## Scheduled Club Meetings—February

AMSA: Tue, 2/26—Rm 1427—12-1 pm

Gamers: Fri, 2/22—Rm 1421—10-3 pm

IACC: Thu, 2/21 & 2/28—Rm 1427—12-3 pm

Solano Campus Cats: Thu, 2/21—Rm 1421, 1:30

## March

Horticulture: Mon, 3/18—Bldg 1000—6 pm

Solano Campus Cats: Thu, 3/7 & 21—1421, 12pm



## ASSC Meetings—Room 1421

Tuesdays, 12:30-2:30 p.m. - Room 1421

ICC Meetings, Room 1421

1st & 3rd Thursdays—12:30-1:30 pm



## February Student Success Workshops

**Financial Aid Internet Cafe**—Come to this workshop for some personal assistance in applying for financial aid.

**Presenters:** FA Director Robin Darcangelo

FA Specialist Maureen Mason-Muyco

Wed, 2/20, 11:30 a.m.-1:30 p.m., Vacaville Ctr., Rm. 208

Wed, 2/27, 12-2 p.m., Main Campus, Room 501



**Cash for College**—This workshop will teach you all about the different kinds of financial aid available to you.

**Presenters:** FA Director Robin Darcangelo

FA Specialist Maureen Mason-Muyco

Tues., 2/26, 4-6 pm, Vallejo Center, Room 125

Senator Lois Wolk will be at Vallejo Ctr. for 2/26 workshop

Wed., 2/27, 5:30-7:30 pm, Main Campus, Room 501

Thur. 2/28, 5:30-7:30 pm, Vacaville Center, Room 208



**Test Anxiety Workshop**—Learn to manage test your anxiety

**Presenter:** Professor Sydney Nazarenko

Mon., 2/25, 12-1 p.m., Vallejo Center, Room 121

Thur., 2/28, 12-1 p.m., Main Campus, Room 443

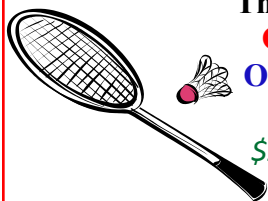


**OMG! A "Blue Book Exam?"**—Facing your first

"Blue Book" Essay Exam? This will help you get ready for it!

**Presenter:** Interim VP of Academic Affairs, Diane White

Thur., 2/28, 1-2 p.m., Vacaville Center, Room 133



**The Badminton Club Presents**  
**Open Gym for Badminton**  
**On Sundays – 8 a.m. to Noon**  
**March 3 – March 10**  
*\$2 fee to be paid upon arrival*  
*to help pay for cleanup*

## Black History Cinema



**Every Wednesday**  
**During Month of February**  
**Room 1421 – Noon-1 pm**  
**Black History Month**  
**Film Festival and Discussion**  
**Sponsored by the Umoja Club and**  
**the Ethnic Studies Program**  
*Bring Your Lunch And Join Us - Door Prizes*

**February**  
**is Black**  
**History**  
**Month.**

**SCC**  
**is a**  
**SMOKE-**  
**FREE**  
**college**  
**environ-**  
**ment.**



## Future Graduates!

The deadline is fast approaching to petition for your Degree and/or Certificate.

Petitions will be accepted in the Office of Admissions and Records through Thursday, March 21, 2013.

Below you will find our Catalog information on Degrees, Certificates and Graduation.

## Petitioning for a Degree or Certificate

In order to receive a Degree and/or Certificate from Solano Community College you must file a completed "Petition for Degree or Certificate" with the Office of Admissions and Records during the appropriate time frame. It is recommended that you meet with your counselor each term that you are in attendance at SCC to ensure that you are meeting the necessary requirements.

In your last semester of attendance, you should submit your completed "Petition for Degree or Certificate" to the Office of Admissions and Records. Petitions are accepted beginning the first day of each term through a date that is set and published for each term.

## NO PETITIONS ARE ACCEPTED AFTER THE DEADLINE.

Please check Dates and Deadlines in MySolano for the deadline.

Petitions are typically reviewed by Admissions and Records and students are notified of the outcome 2-4 months after the term ends.

Email us at [admissions@solano.edu](mailto:admissions@solano.edu) if you have questions or problems.



## English, Math & ESL Tests

By Appt.—Must Schedule Appointment Online  
Fairfield Campus—Assessment Test Schedule

**TEST DAYS & TIMES**  
**WE TEST TWICE DAILY**

**Mon Tue Thu Fri** 9am or 1pm  
**Wed** 1pm or 5pm

**OFFICE HOURS: Mon, Tue, Thu & Fri 9:15am—11am OR 1:15pm—4pm**  
**Wed 1:15pm—4pm OR 5:15pm—7pm**

### 1. Schedule an Assessment Test Appt.

- GO TO: [www.solano.edu](http://www.solano.edu)
- CLICK: Student Services (Near Top of Page)
- CLICK: Assessment (On Left of Page)
- CLICK: Green Box. Enter MySolano User Name/Password
- APPT: Choose, Reserve and Note Your Appt. Day/Time

### 2. Test Day: Arrive On Time w/Photo ID

- Doors Open @ 9am, 1pm or 5pm (See schedule above).
- Please have your photo ID and SCC ID number available.
- Reading, Sentence Skills & Math Tests = 30 minutes each.
- All tests are multiple choice. You may take more/less time.

### 3. Test Day: Print Your Test Scores

- Upon completing your tests, print your test scores 1 time. Scroll to the bottom of the screen and CLICK PRINT. Your scores print out in the front office area.
- Close your computer window and recycle your scratch paper in our recycle box.
- Meet us up front for a printed copy and an explanation of your Assessment Test Scores.
- Retain your copy of your Assessment Test Scores for your personal records.
- IF YOU NEED HELP WHILE TESTING: Or, if you have questions, please raise your hand.

For more info, call (707) 864-7000 ext. 4525 or ext. 7118

Source: SCC Assessment Center—Updated: 01.09.13 by FA

## Drop-In Tutoring

**Now Available for**  
**For Math &**  
**English at the**  
**Vacaville &**  
**Vallejo Centers**

Specific hours posted at front desk at centers.  
 More info available at Tutoring Center Main Campus in Room 437/438.  
**Tutoring is FREE.**

## March is Women's History Month

**A celebration of women's achievements as leaders and forces of change throughout history.**

## Student Health Center – Room 1409

We at the Student Health Center are here to help you stay healthy and learn more about your health. The services at the Student Health Center are free to students.

### Health Center Staff

Deborah Summers-Collins, PHN

Noel Robinson, PHN

Regina Huerls-Washington, HA

### Health Center Hours

Monday—Thursday 8:00 a.m.- 7:00 p.m.

Friday. 8:30 a.m. – 3:00 p.m.

### The Student Health Center

is closed whenever there are no classes.

◆ ◆ Closed February 14-19 & March 13 ◆ ◆

The Student Health Center has many services that support your efforts to succeed at college. Stop by to learn more about our services and to meet our friendly staff. Check out our webpage on [www.solano.edu](http://www.solano.edu) or Click on "Campus Life" then "Health Center"



**Planned Parenthood Express Clinics** *We will be serving students every Wednesday from 12:30 p.m. to 3:30 p.m.* at the Student Health Center in Room 1409.

All services are confidential. Services include: birth control (Nuva ring, patch, pills), HIV screening test, STD testing, free pregnancy testing, free condoms & emergency contraception.

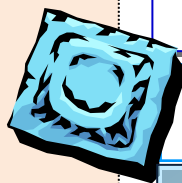
**Tuberculin (TB) Skin Testing** is offered by appointment, **Mondays & Tuesdays 10:00 a.m. to noon, Monday, 4:00-5:00 p.m., and Tuesday, 5:00-6:00 p.m.** You must return in 48-72 hours post test to have the Tuberculin skin test read and receive your record of testing.

**Health Screening** exams are available at the Student Health Center for Children's Program students. Drop-in or make an appointment for your Health Screening.

**Screenings/testing:** Health, diabetic, vision, hearing and urine screenings, are free to students.

**Medications:** Free over-the-counter medications for common conditions are available free to students at the Student Health Center. Medications include: generic choices of decongestants, pain medications, cough suppressants, decongestants, lubricating eye drops, burn gel, & more.

**Lactation Station** – Privacy for breastfeeding students to breastfeed their babies or pump milk. Stop by and we'll find a comfortable place for you.



## Dr. SSEX

Sexual Sensual Erotic eXperience

**Next Clinic: Wednesday, 3/5/13**

**Fairfield (1400 Lobby): 10:00 am – 1:00 pm**

**Vallejo Center (1st Floor): 2:30 – 5:00 pm**

**Stop by for free condoms and safe sex information**

### Student Health Center has FREE Condoms

Condoms include X-large, latex-free, & female condoms.

### Student Health Center—Outreach Services

#### Nurse Visits

##### Vallejo Center

**Mon., 3/4, 2:30-5:00 pm (Rm. 114)**

**Tues. 3/5, 9:00-1:00 pm—Flu Info (Lobby)**

##### Vacaville Center

**Feb. 21, 5:00-6:30 pm (Rm.104)**

##### Fairfield Campus

**Every Wednesday— 11:00-1:00pm**

**2 Locations—1400 Lobby & 400**



### Student Nurses Visit

**Fairfield Campus—(1400 Lobby)**

**Monday—2/25 - Hand Hygiene—11-1 pm**

### Spring Blood Drive—Main Campus

**Thursday, March 27, 2013**

*Open to the public!*



### Mental Health First Aid

Mental Health First Aid is the help offered to a person developing a mental health problem or experiencing a mental health crisis. The first aid is given until appropriate treatment and support are received or until the crisis resolves.

The Aldea CARE program provides Mental Health First Aid trainings free of charge to organizations and individuals who live and/or work in Solano County.

For more information, contact Cecilia Jungkeit, MFT at (707) 427-1845 ext. 420 or [cjungkeit@aldeainc.org](mailto:cjungkeit@aldeainc.org)

Trainings are located at:

Aldea  
470 Chadbourne Rd.  
Fairfield, CA 94534



*Do you know how to help?*

**Mental illness directly affects 1 in 4 American adults in any given year.**

Mental Health First Aid teaches community members how to help individuals suffering from:

Depression  
Anxiety  
Trauma  
Suicidal thoughts  
Psychosis  
Substance Abuse

#### Upcoming Available trainings:

**February 20, 21 & 22, 1-5pm**

**March 18, 19 & 20, 9am-1pm**

**April 23, 24 & 25, 3-7pm**

Light snacks provided, bag lunch suggested.

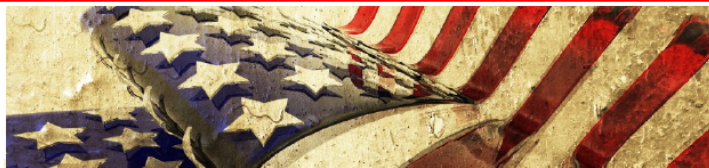
For sign ups and more information please contact, Cecilia Jungkeit at <mailto:cjungkeit@aldeainc.org>



**Health Faire coming Wed. March 20  
1400 Lobby—10 am to 12:30 pm**







## Spring 2013 Veteran Seminars Exclusively for Veterans

### Seminar Schedule

12:00 to 1:00  
Thursday, January 24, February 28,  
March 28, April 25 & May 9  
Bldg 1400 Room 1421

*Come...Eat... Bring Questions!*

Snacks Provided

## Topics Include:

- Time Management
- Your GI Bill
- Study Skills
- Test Anxiety
- Creating Achievable Goals
- Stress vs. Relaxation

*Fill your scholastic toolbox  
with tricks that really help!*



SOLANO COMMUNITY COLLEGE - VETERANS AFFAIRS CENTER  
4000 SUISUN VALLEY ROAD FAIRFIELD, CA 94533  
707-864-7105 veterans@solano.edu

## Typing Test Certificates Fall 2012

There is no cost for the test. Bring some form of photo ID. You do not need to be enrolled at Solano College to take the typing test.

Room 502—Fridays at 2:30 pm.

Times/dates subject to change.

Feb. 22—March 1, 8, 15, 22, & 29

April 12, 19, & 26—May 3 & 10

Contact Pat Ceja at 864-7258

## Next Placement Tests for Keyboarding Classes:

Wednesday, May 1

2:30-4:30pm or 6:30-8:30pm



## The Tutoring Center

Room 437/438—(707) 864-7230

FREE for all SCC Students

M-Th 9 a.m.—5 p.m. & F 9 a.m.—3 p.m.

The Tutoring Center is open to all students enrolled in the course for which assistance is requested. Tutoring is available for most courses offered at SCC.

**Drop-In Tutoring Available for  
Math & English at Vacaville & Vallejo**

Specific hours posted at front desk at centers. More info available at Tutoring Center Main Campus in Room 437/438. **Tutoring is FREE.**

# SAVE THE DATE

## Saturday March 9, 2013

Solano County Office of Education and Solano Community College



## 5k WALK



The walk will be held at Solano Community College  
Register your team or yourself online and join us for a great day!

[www.campuswalks.org](http://www.campuswalks.org)

Direct link to our page

<http://afsp.donordrive.com/event/scc>

Walk Information Contact:

Lisa Parker 707-399-4807, [lparker@solanocoe.net](mailto:lparker@solanocoe.net)

## What is the Out of the Darkness Campus Walk?

Out of the Darkness Campus Walks are a day to remember those lost to suicide, create awareness to those struggling with mood disorders and bring hope to survivors of suicide. Throughout the year, teams of friends, families and students gather on their school campuses to raise funds for research, education and support services for suicide prevention.

On Walk day, we gather in cities and towns across America. Walking, in memory and support, holding signs, wearing pictures, creating awareness. More than a walk, the day includes support, sharing, music and more.

American Foundation for Suicide Prevention Information

AFSP is the leading non-profit organization exclusively dedicated to understanding and preventing suicide through research, education and advocacy and to reaching out to people with mental disorders and those impacted by suicide.

Since 2000, AFSP has given grant support totaling over \$10 million to scientists throughout the country and abroad for studies on neurobiological, genetic, epidemiological, clinical, psychological and sociological aspects of suicide. Since 2001, more than 95 percent of AFSP grantees have received further funding from public and private sources to continue their research. This shows that AFSP-funded research is making an impact, and is attracting young investigators to the field.

American Foundation for Suicide Prevention  
[www.afsp.org](http://www.afsp.org)

Northern CA Chapters: Valerie Kovachovich  
Chapters ~ Greater SF Bay Area & Greater Sacramento Area  
3000F Danville Blvd. #278, Alamo, CA 94507



# Solano Community College Athletics Department presents... Mascot Logo Contest

**Deadline  
April 2, 2013!!!**



**\$50 Barnes and Noble  
Gift Card prize**

**Go Falcons!**

The Falcons mascot is a great source of school pride and spirit!!! Help us update the image to take SCC Falcons into the future! The Athletics Department invites you to submit your original artwork for the Mascot Logo Contest. Deadline to submit artwork is Monday, April 2, 2013 at 5:00pm. The winner will receive a \$50 Barnes and Noble gift card, season pass to all athletic games meets, and contests, and recognition for designing the Solano College Mascot Logo which may be used on team uniforms, merchandise, web and print media, and across the campus!!! Here is your chance to leave your legacy with Solano College and support the Athletics Department with team spirit and pride!

SUBMIT ORIGINAL ARTWORK TO [SOLANOMASCOT@SOLANO.EDU](mailto:SOLANOMASCOT@SOLANO.EDU)

Questions? For official rules, contact Lily E. Espinoza, Athletic Director,  
[lily.espinoza@solano.edu](mailto:lily.espinoza@solano.edu) or 707.864.7126