

Associated Students of Solano Community College

ASSC NEWSLETTER

4000 Suisun Valley Road, Fairfield, CA 94534 (707) 864-7000, Ext.4367 This newsletter is online at http://www.solano.edu/ under "News"



Important Fall Dates: Print Schedule Bill from MySolano for coursespecific deadlines

Sept 1-3 Labor Day—No classes

Sept. 19 Blood Drive (open to the public)

Oct. 4 Last day to file for degree/certificate for fall.

Oct. 12 Faculty In-Service: No classes
Nov. 12 Veteran's Day—No classes

Nov. 19-21 Faculty/Staff In-service—No classes

27th Annual California Coastal Cleanup Day & SCC Clean and Green Day More info & learn how to participate, see p. 2

When you register for classes, you pay a student Health Fee of \$13/semester. This fee allows you to utilize the Student Health Center. (See P. 3)



California Coastal Cleanup Day is Saturday 9/15/12—See p. 2 for more info

September 1—September 16, 2012

Campus Parking

Parking decals must be purchased from a link @ www.solano.edu. You can print a temporary decal after purchasing.

- A parking permit is required for all SCC campus locations, except Travis AFB.
- No student parking is allowed in the Faculty/ Staff parking lots. Campus Police will issue tickets to students illegally parked.
- Campus Police are now issuing tickets to students parked in Student Parking Lots and not displaying a current decal.





ASSC Meeting – Tuesdays, 12:30 – 2:30 p.m. Room 1421 ICC Meetings – Thursdays, (1st & 3rd Thursdays)

12:30 – 1:30 p.m. - **Room 1421**

Would you like to have leadership skills that put you above the rest?

Join one of 40+ student organizations at SCC

Wed., 9/12/12, 9—2 p.m.



Club Promo Day



Need a typing certificate for a job or class?

Typing Test Certificates Fall 2012

You can take a typing test and receive a certificate at Solano Community College Main Campus in Fairfield. There is no cost for the test. Just bring some form of photo ID. You do not need to be enrolled at Solano College to take the typing test.

Room 502 on Fridays—2:30 p.m. September 7, 14, 21 & 28 October 5, 19, & 26

Times/dates are subject to change.

Contact Pat Ceja at 864-7258

Next Placement Test for Keyboarding Classes:

Wed., 12/11/12 1:00—3:00 p.m. for Fall 2012

Club Renewal Packets are due Friday, September 28th

no later than 12:00 Noon-Rm. 1425

Packets are available in the Student Development Office Rm. 1425)

Important: No clubs will be approved after this deadline and will have to wait until Spring 2013.

Solano Community College Horticulture Club

Horticulture Club meetings are held the 3rd Monday of each month at 6-8:30 p.m. in the Solano Community College Horticulture Building 1000, **The next meeting is September 17 at 6 p.m.**

For more information about Club meeting dates, times and regulations, please contact **Ken Williams at 707-975-6856.**

EVERY PIECE OF TRASH YOU REMOVE REVEALS SOMETHING BEAUTIFUL



WHAT IS COASTAL CLEANUP DAY? California Coastal Cleanup Day, an annual beach and inland waterway cleanup, is the state's largest volunteer event. In 2010, over 82,500 volunteers removed more than 1.2 million pounds of trash and recyclables from our beaches, lakes, and waterways. When combined with the International Coastal Cleanup, organized by Ocean Conservancy and taking place on the same day, California Coastal Cleanup Day becomes part of one of the largest volunteer THOR events in the world.

WHY ARE BEACH CLEANUPS IMPORTANT? California's coast and waterways have historically been collecting spots for annual accumulations of trash and debris.

This debris, if not removed, can be harmful and even fatal to all manners of marine wildlife, can damage our state's economy, and can even become a human health hazard. Coastal Cleanup Day is a great way for families, students, service groups, and neighbors to join together, take care of our fragile marine environment, show community support for our shared natural resources, learn about the impacts of marine debris and how we can prevent them, and to have fun!

For more information and to find out ways you can help go to this website and clink on interested links: http://www.coastal.ca.gov/publiced/ccd/counties/solano.html



Volunteer to help make Solano College a "Green" College Clean & Green Day—September 15, 2012

8:00 a.m. Check in at Building 1000, Horticulture. Coffee and Donuts will be supplied by the

Horticulture Club. Volunteers will be assigned areas of campus to clean up.

9:00 a.m. Start clean up

11:30 a.m. Return to Horticulture Building for a light lunch, tour of Horticulture facility and other activities.

For more information, contact Ken Williams at Ken Williams at.ken.williams@solano.edu or (707)975-6856

Mental Health First Aid

Mental Health First Aid is the help offered to a person developing a mental health problem or experiencing a mental health crisis. The support are received or until the crisis resolves.

The Aldea CARE program provides Mental Health First Aid trainings free of charge to organizations and individuals who live and/or work in Solano County.

For more information, contact Alison Krebs Brown, MFT at (707) 427-1845 ext. 401 or akbrown@aldeainc.org.

Trainings are located at: 470 Chadbourne Rd. Fairfield, CA 94534



Do you know how to help?

Mental illness directly affects 1 in 4 American adults in any given year.

Mental Health First Aid teaches community members how to help individuals suffering from:

Depression

Anxiety

Trauma

Suicidal thoughts

Psychosis

Substance Abuse

Available trainings:

September: 10-13th from 5:30-8:30pm October: 23-25th from 9-1pm

November: 12-14th from 1-5pm December: 3-5 from 9-1pm

Light snacks provided, bag lunch suggested. For sign ups and more information please contact, Alison Krebs Brown at akbrown@aldeainc.org.

Are you on the Registered Nursing Waiting List? Don't forget to renew your numbers

between September 1 and 30!!

If notification is not received, you will be removed from the list and will have to reapply to the Nursing Program!!

> The Tutoring Center Is in the Student Services Building

Located in Room 402/403 (707) 864-7230

FREE for all SCC Students M-Th 9 a.m.—5 p.m. & F 9 a.m.—3 p.m.

At the **Tutoring Center**, we strive to give the students we serve the tools they need to become independent life-long learners. Our peer tutoring services are provided free of charge to Solano College students seeking to increase their understanding of specific course material or to improve their general learning skills.

The **Tutoring Center** is open to all students enrolled in the course for which assistance is requested. Tutoring is available for most courses offered at SCC.

Student Health Center – Room 1409

We at the Student Health Center are here to help you stay healthy and learn more about your health. The services at the Student Health Center are free to students.

Health Center Staff

Deborah Summers-Collins, PHN Noel Robinson, PHN Regina Huerls-Washington, HA

Health Center Hours

Monday—Thursday 8:00 a.m.- 7:00 p.m. Friday. 8:30 a.m. – 3:00 p.m.

The Student Health Center has many services that support your efforts to succeed at college. Stop by to learn more about our services and to meet our friendly staff. Check out our webpage on www.solano.edu. (Click on "Campus Life" then "Health Center")



Planned Parenthood Express Clinics <u>We will be</u> serving students every Wednesday from 12:30 a.m. to 3:30

p.m. at the Student Health Center in Room 1409. All services are confidential. Services include: birth control (Nuva ring, patch, pills), HIV screening test, STD testing, free pregnancy testing, free condoms & emergency contraception.

Tuberculin (TB) Skin Testing is offered by appointment, Mondays & Tuesdays 10:00 a.m. to noon, Monday, 4:00-5:00 p.m., and Tuesday, 5:00-6:00 p.m. You must return in 48-72 hours post test to have the Tuberculin skin test read and receive your record of testing.

Health Screening exams are available at the Student Health Center for Children's Program students. Drop-in or make an appointment for your Health Screening.

Medications: Free over-the-counter medications for common conditions are available free to students at the Student Health Center. Medications include: generic choices of decongestants, pain medications, cough suppressants, decongestants, lubricating eye drops, burn gel, & more.

Screenings/testing: Health, diabetic, vision, hearing and urine screenings, are free to students.

Lactation Station – Privacy for breastfeeding students to breastfeed their babies or pump milk. Stop by and we'll find a comfortable place for you.

Dr. SSEX

Sexual Sensual Erotic eXperience

Upcoming Safe Sex Clinics Fall 2012

Wednesday, 9/5/12 & Tuesday, 10/2/12

Fairfield (1400 Lobby) - 10:00 – 1:00 p.m. Vallejo Center (1st Floor) - 3:30 – 6:00 p.m.

Stop by for free condoms and safe sex information.

FREE Mental Health Therapy

Stop by the Student Health Center for more information and referral Main Campus, Room 1409

Mondays 11:00 a.m.—2:00 p.m. Tuesdays 1:00—3:00 p.m.

Vallejo Campus

Thursdays—4:00—5:00 p.m. Walk-ins are welcome.

Suffering from Depression ◆ Anxiety ◆ Trauma
Substance Abuse ◆ Thoughts of Suicide ◆ Emotional Crisis



\$\$going up in smoke? RU hooked on nicotine?

I Ball



FREE! FREE!

Quit Smoking Now! ~ 5 Sessions

Wednesdays 3:00pm – 4:00pm Oct. 3- Oct. 31, 2012

Vallejo Center

545 Columbus Parkway

Register today by visiting the Student Health Center, Room 1409 or call 864-7163

Kick the butts, spit out the chew!

Take control!

Start NOW with proven strategies!

Topics: dynamics of addiction, stress reduction, support systems, avoiding weight gain, preventing relapse

No Time? No excuse. Call or visit the Student Health Center for self-help, online and phone quit counseling.



The Student Health Center would like to announce the availability of free TDaP (Tetanus/Diphtheria/Pertussis (Whooping Cough) vaccine to students. Our supply is

limited and can only be administered until 9/30/12. For more info – check with your health care provider and/or the Student Health Center. For an appointment: (707) 864-7163 Room 1409.

Solano Community College **COLLEGE & UNIVERSITY** TRANSFER FAIR



Meet Admissions Representatives from Regionally Accredited Universities & Colleges!

UC Berkeley **UC Davis** Cal Poly SLO San Jose State

Cal State East Bay **Humboldt State** UC San Diego Sacramento State

Univ of Hawaii Univ of NV Reno **Univ of Oregon Univ of Pacific**

Dominican Univ Mills College St Mary's College and many more!

Thursday, September 13 Day Session: 9:00 am—1:00 pm Evening Session: 5:30 pm—7:30 pm

Solano College Main Campus **Building 1400** free parking in lot #4

Sponsored by the Transfer Center and the ASSC of Solano Community College



Solano College Career & Employment Services Center

Looking for on or off campus jobs, internships or volunteer opportunities? In need of job search assistance

or resume development? We can assist you in finding your way through any of these paths.

New Location: Bldg. 400 - Room 403, 707-864-7124 or email: careercenter@solano.edu Patricia Young, Career & Job Placement Coord.

Don't miss our Career Path Workshops !!!



Click here (or find link at Solano.edu) to register to vote. Fill out a

registration form online, print, sign and mail. Or print a blank form to complete by hand and mail.

If you prefer, there will be a voter registration table set up in the 1400 Lobby every Tuesday & Thursday from 12-2:00 pm through Nov. 1st.

Save the Date! **Fall Blood Drive:**

Wednesday, Sept. 19, 2012 Back of Cafeteria Main Campus 11am—3pm Open to the public!



October is **Breast Cancer Awareness Month**



4th Annual

Bunko Goes Pink on Saturday, 10/20/12

Main Campus—Fairfield—Cafeteria

Bunko starts at 2:00 pm - Doors open at 1:00 pm—Presale ticket price \$20 per person & \$25 at door



bunkogoespink@yahoo.com or

For more information & tickets call Pam Walter 449-4702 or JJ Eaves 372-2531 Watch for more information in the next newsletter.

Solano Community College Moves Towards Becoming a Totally Smoke-Free College District

Solano Community College District (SCCD) is on the record as a SMOKE-FREE college environment.

Effective August 1, 2012, SCCD implemented its new smoke-free campus policy, which will allow smoking in limited areas throughout campus during the 2012-2013 academic year and will then completely transition to a NON-SMOKING campus effective July 1, 2013.

Temporary campus smoking designations include the following:

- Fairfield Campus: North/West corner of the tennis courts near Building 1800A & Courtvard on the north side of the Library (100) Building
- Vacaville & Vallejo Campuses: Rear courtyards